



Miss T's Kitchen
65 Main Street, Ocho Rios,
St. Ann, Jamaica
Phone: (876) 795-0099

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any food
allergies

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NYAMMINS

- Stamp and Go** Salted cod, fresh herbs in a Thai chilli sauce 10
Wing Bashment Succulent wings with a fruit or spicy sauce 15
Jah Know Curried ackee on crispy bammy with a fruit chutney 15
Crab Back Sumptuous baked crab back with a tantalizing tropical fruit salsa 24
Miss T's Pick-up Saltfish Salted cod, pickled onions, tomato and Scotch Bonnet pepper 12

SALADS

Organic mesclun mix, arugula, carrots, corn, tomatoes, cucumber and beetroot

- Smoked Marlin** 22 **Jerk Chicken** 20
Jerk Shrimp 27 **Crab Back** 32

UNDA DISEA

- Shrimp** 27 **Lobster** 45
Sliced Sea Trout 22 **Whole Fish** 35/45/50

Steamed – with okras, vegetables, local spices and simmered with Jamaican crackers
Brown Stew – fried and simmered in a savoury brown sauce with herbs and vegetables
Rundown – “cook down” in coconut milk and herbs, absolutely sumptuous and satisfying
Escoveitch – fried and topped with pickled carrots; onions and scotch bonnet pepper
Curried - Blend of Jamaican curry spices and herbs. Ask for the creamy version with coconut milk
Garlic – Garlic and butter galore with a hint of Miss T's famous cream blend

PASTAS

Penne pasta, sundried tomatoes, basil, parmesan cheese with choice of Rundown or Mornay
(Nuts) Sauce

- Boneless Oxtail** 35
Shrimp 27
Jerk Chicken 24

YARDIE FAVOURITES

Served with Vegetables and your choice of Rice & Peas or White Rice

- Curried Goat** - Seasoned with Miss T's blend of spices and simmered in a rich curry sauce 22
Miss T's Famous Oxtail - Simmered with carrots, butter beans and “spinners” 35
Shet Pan – Half Oxtail, half Curried Goat 36
Fried Chicken - Seasoned with herbs and spices then deep fried till crispy brown 20
Bar-B-Fried Chicken - Fried till golden brown rolled in Miss T's secret sauce 22
Honey Garlic Chicken - Fried to golden brown rolled in honey and garlic then baked 22
Jerk Chicken - Secret blend of spices, grilled with a hint of pimento smoke 20
Curried Chicken - Seasoned with Miss T's blend of spices, simmered in a rich curry sauce 20
Bar-B-Fried Sea Trout - Fried till golden brown rolled in Miss T's secret sauce 22

DREDDIE VEGGIE

- Chickpea Stack** – Curried in coconut milk, stacked with fried ripe plantains 22
Rundown Vegetables - Local greens, plantain and pumpkin stewed in coconut milk 22
Veggie Balls – Choice of Brown Stew, Escoveitch or Coconut Curry 22

SANDWICHES & WRAPS

- Wrap or Burger Roll with French Fries, Sweet Potato Fries or Salad
Jerk Chicken 22
Veggie Burger 20
Curried Goat (Boneless) 25
Curry Ackee with Ripe Plantain 20

