



Miss T's Kitchen
65 Main Street, Ocho Rios,
St. Ann, Jamaica
Phone: (876) 795-0099

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any food
allergies

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NYAMMINS

- Stamp and Go** Salted cod, fresh herbs in a Thai chilli sauce 10
Wing Bashment Succulent wings with a fruit or spicy sauce 15
Jah Know Curried ackee on crispy bammy with a fruit chutney 13
Crab Back Sumptuous baked crab back with a tantalizing tropical fruit salsa 30
Miss T's Pick-up Saltfish Salted cod, pickled onions, tomato and Scotch Bonnet pepper 12

SALADS

Organic mesclun mix, arugula, carrots, corn, tomatoes, cucumber and beetroot

- Smoked Marlin** 22 **Jerk Chicken** 20
Jerk Shrimp 27 **Crab Back** 36

UNDA DI SEA

- Shrimp** 27 **Lobster** 45
Sliced Sea Trout 22 **Whole Fish** 35/45/50

Steamed – with okras, vegetables, local spices and simmered with Jamaican crackers
Brown Stew – fried and simmered in a savoury brown sauce with herbs and vegetables
Rundown – “cook down” in coconut milk and herbs, absolutely sumptuous and satisfying
Escoveitch – fried and topped with pickled carrots; onions and scotch bonnet pepper
Curried - Blend of Jamaican curry spices and herbs. Ask for the creamy version with coconut milk
Garlic – Garlic and butter galore with a hint of Miss T's famous cream blend

PASTAS

Penne pasta, sundried tomatoes, basil, parmesan cheese with choice of Rundown or Mornay
(Nuts) Sauce
Boneless Oxtail 35
Shrimp 27
Jerk Chicken 24

YARDIE FAVOURITES

Served with Vegetables and your choice of Rice & Peas or White Rice
Curried Goat - Seasoned with Miss T's blend of spices and simmered in a rich curry sauce 22
Miss T's Famous Oxtail - Simmered with carrots, butter beans and “spinners” 35
Shet Pan – Half Oxtail, half Curried Goat 36
Fried Chicken - Seasoned with herbs and spices then deep fried till crispy brown 20
Bar-B-Fried Chicken - Fried till golden brown rolled in Miss T's secret sauce 22
Honey Garlic Chicken - Fried to golden brown rolled in honey and garlic then baked 24
Jerk Chicken - Secret blend of spices, grilled with a hint of pimento smoke 20
Curried Chicken - Seasoned with Miss T's blend of spices, simmered in a rich curry sauce 20
Bar-B-Fried Sea Trout - Fried till golden brown rolled in Miss T's secret sauce 25

DREDDIE VEGGIE

Chickpea Stack – Curried in coconut milk, stacked with fried ripe plantains 22
Rundown Vegetables - Local greens, plantain and pumpkin stewed in coconut milk 22
Veggie Balls – Choice of Brown Stew, Escoveitch or Coconut Curry 22

SANDWICHES & WRAPS

Wrap or Burger Roll with French Fries, Sweet Potato Fries or Salad
Jerk Chicken 22
Veggie Burger 20
Curried Goat (Boneless) 25
Curry Ackee with Ripe Plantain 20